

## ATTACHMENT 2

### O-0001 TASK GUIDE EXTRACT

#### a. 24 hour pack

##### 1) On your person:

- a) Complete BDU uniform with BDU cap. The BDU cap may be replaced by a hard hat or bright colored cap based on mission needs.(T)
- b) Notepad and pencil (T)
- c) All CAP Identification, including 101 card, 76 card, First Aid card, etc. (T)
- d) Watch (T)
- e) Handkerchief or Tissues
- f) Vest, reflective, orange (T)
- g) Comb or brush (optional, carry if needed) (T)
- h) Ground Team Member's Handbook
- i) Signal Mirror
- j) Whistle
- k) Pocket or utility-type knife, multipurpose with can opener. Swiss Army knives, Leatherman, or Gerber Tools are recommended. (T)

##### 2) Day pack (preferably red or orange), webbed gear, or other SAR/ Survival Vest (T)

containing:

- a) First Aid Kit, stored in zip-lock bag or other waterproof container, recommended that

it consists of the following:

- (1) 2 Antiseptic cleansing pads
- (2) Antiseptic ointment
- (3) 6 Band-Aids, various sizes
- (4) Moleskin, 2" X 4"
- (5) Roller bandage
- (6) 2 Safety pins, large
- (7) 4 gauze pads
- (8) 1 Triangular Bandage
- (9) Tape, first aid
- (10) Any personal medication (your team leader should know what you have and

where you carry it.)(T)

- (11) Rubber surgical gloves (two pair minimum)

- b) Survival Kit, stored in zip-lock bag or other waterproof container, consisting of:

around a stick.

- (1) Duct tape, 5-10 feet (does not need to be a whole roll. May be wrapped
- (2) Leaf bag, large
- (3) 12 wooden, waterproofed matches (T)
- (4) Match container, waterproof, with striking surface
- (5) 1 Chemical Light Stick, Green (T)
- (6) 50' of nylon line (paracord or similar line).

- c) SAR Equipment stored in zip-lock bags, consisting of:

- (1) Change of socks (T)
- (2) Flagging Tape, 1 roll
- (3) Flashlight (with red or blue lens), with spare bulb and batteries
- (4) Spare flashlight (penlight will do) (T)
- (5) Insect repellent
- (6) Lip balm, with sunscreen.
- (7) Sunscreen lotion
- (8) Tissue Paper (T)

- (9) Work Gloves, leather (T)
  - (10) Interviewing Form(s), blank
  - (11) 4 Moist Towelettes, clean, in foil wrapper
  - (12) Change for phone calls, calling card, or cellular phone (T) to call mission base
- d) 2 meals (T)
- e) Shelter Material, preferably 8' X 10' (spare military poncho meets the need)
- f) Coat for appropriate climate, if necessary (in pack if not wearing it)(T)
- g) Poncho, (T)
- h) Canteen(s) to carry 2 quarts of water (Some wings require their personnel to have at least one one-quart canteen on a belt while the other is stored in the field pack. At least one quart of water must be carried by all personnel)(T)
- i) Compass Pouch, containing compass, lensatic or orienteering (orienteering preferred). Compass should have a "glow in the dark" dial.
- j) Leader's Equipment -- only required of Ground Team Leaders
- (1) Protractor -- for map work.
  - (2) Map Case (Large Zip-Loc bags can be used if necessary)
  - (3) Pencil, with eraser (plus sharpener if not a mechanical pencil)
  - (4) Alcohol Pens, fine tip, at least 2 colors (neither the color of your colored flashlight lens)
  - (5) Some way to erase alcohol pens marks on the map case, such as alcohol swabs or a special alcohol pen eraser.
  - (6) A straightedge ruler, at least 6" long (Some protractors may have a ruler as well).
  - (7) Ground Team Leader Handbook
- b. Extended duration pack: a backpack (preferably with frame) (T) containing:
- 1) Tent (optional, if you are sharing a tent with someone else who is carrying it) (T)
  - 2) Spare rank and CAP cutouts (for cadets)
  - 3) 5 meals (T)
  - 4) 2 Leaf Bags, large
  - 5) Bag, waterproof (T), containing:
    - (a) Spare uniform,
    - (b) Underwear and socks, 3 changes (T)
  - 6) Sleeping pad, foam or inflatable.
  - 7) Spare boot laces.
  - 8) Kit, sewing, with spare buttons.
  - 9) Shoe Shine Kit
  - 10) Toilet Kit, that should contain:
    - (a) Toothbrush and paste (T)
    - (b) Shaving Kit (if you shave) (T)
    - (c) Deodorant (T)
    - (d) Washcloth and soap (T)
    - (e) Towel (T)
  - 11) Sleeping Bag or Bedroll appropriate to climate (T)
- c. Optional Items
- (1) Rainwear, durable
  - (2) Webbing, nylon, 1" wide, 20' long.
  - (3) Handheld FM Transceiver (highly recommended for Ground Team Leaders)
  - (4) Water Purification Tablets
  - (5) Eye Protection (highly recommended)
  - (6) Entrenching Tool (highly recommended for base gear)

**BOLDFACE FOR  
LAND NAVIGATION**

1. MAP – ORIENT
2. POSITION – DETERMINE
3. COURSE – PLOT
4. DISTANCE – MEASURE
5. PACE COUNT – DAY OR NIGHT
6. LOST PROCEDURES – PANIC  
AZIMUTH OR HIGH GROUND

**BOLDFACE FOR  
DIRECTION FINDING**

1. GEAR – ASSEMBLE AND TEST
2. CHECKLIST – READ
3. FREQUENCY – TRAINING  
OR 121.5
4. AREA – CLEAR
5. SWEEP – REC AND DF MODES
6. AZIMUTH – SHOOT TO BEACON
7. BODY SHIELD – LOCATE NULL  
TO CONFIRM